Materials:

* Enamel paints
* Brushes (round, flat, filbert)
* Palette
* Water
* Paper towels
* Canvas (primed is recommended)
* Reference photos (optional)

Steps:

1. Prepare your canvas. If you are using a primed canvas, you may not need to gesso it. However, if you are using an unprimed canvas, you should gesso it first. This will help to prevent the paint from soaking into the canvas and will give your painting a smooth surface to work on.
2. Choose your subject. You can paint any figure that you like, but some popular figures for enamel painting include people, animals, and objects.
3. Start by sketching your figure lightly on the canvas. This will help you to get the proportions right.
4. Once you are happy with your sketch, start to add details using the enamel paints. You can use different types of brushes to create different textures and effects.
5. If you make a mistake, you can usually erase it with a paper towel. However, be careful not to erase too much, as this can damage the canvas.
6. Let your painting dry completely before displaying it.

Tips:

* Use a light touch when painting with enamels. You can always add more paint, but it is difficult to take it away.
* Don't be afraid to experiment with different techniques. There are no rules when it comes to enamel painting, so have fun and see what you can create.
* Let your creativity flow! Enamel painting is a great way to express yourself and your unique artistic vision.

Here are some additional tips for figurative painting with enamel color:

* Use a high-quality canvas that will not warp or crack.
* Choose enamel paints that are the right consistency for your project. Thicker paints are better for creating bold strokes, while thinner paints are better for creating smooth blends.
* Experiment with different brushes to create different textures and effects. A round brush is good for creating smooth, rounded shapes, while a flat brush is good for creating flat, even strokes. A filbert brush is a good all-purpose brush that can be used for both smooth and textured strokes.
* Don't be afraid to use white space. White space can be just as important as the enamels themselves.
* Take your time and enjoy the process! Enamel painting is a great way to relax and de-stress.